



Cambridge Harriers

Under 15 Girls

Track & Field Club Records



Event	Performance	Athlete (s)	Date	Venue
80m	10.3s	Cheryl Pizzey	1976	
100m	12.1s	Olanrewaj Atijosan	23.06.2001	Brighton
200m	24.25s	Vernicha James	11.07.1998	Exeter
300m	43.3s	Renay Thomas	08.05.2016	Bromley
800m	2:10.42s	Sabrina Sinha	18.05.2013	Milton Keynes
1500m	4:24.62s	Sabrina Sinha	06.06.2013	Birmingham
3000m	10:03.57s	Sabrina Sinha	21.07.2013	Hendon
75mH	11.43s	Louise O'Callaghan	12.07.1996	Sheffield
High Jump	1.72m	Kacey Walters	22.04.2019	Tonbridge
Long Jump	5.59m	Jackie Boorman	1982	
Triple Jump	10.48m (i)	Kacey Walters	13.01.2019	Lee Valley
Pole Vault	2.09m	Paige Macheath	22.06.2014	Parliament Hill
Hammer (3k)	23.09m	Maisie Ross-Jessop	31.05.2014	Eltham
Shot (3k)	14.33m	Nana Gyedu	14.08.2017	Bromley
Shot (3.25kg)	12.06m	Divine Oladipo	01.09.2013	Bedford
Discus	34.09m	Divine Oladipo	11.08.2013	Hendon
Javelin (500g)	39.98m	Katie Marsh	30.08.2020	Lee Valley
Javelin (600g)	36.74m	Sally Duggan	25.05.2008	Ashford
Pentathlon (200)	3034 points	Cheryl Pizzey	1976	
Pentathlon (800)	2536 points	Cloe Garrett	21.09.2008	Erith
1000m Walk	4:34.88s	Heather Butcher	12.06.2012	Tonbridge
1200m Walk	5:36.6s	Heather Butcher	03.07.2011	Canterbury
2000m Walk	9:31.4s	Sophie Lewis Ward	29.09.2013	Dudley
3000m Walk	15:03.7s	Heather Butcher	24.03.2012	Horsham
4 x 100m Relay	49.9s	Esther Jackson Mary Schouvaloff Renay Thomas Shiann Brock-Walters	07.08.2016	Gillingham
4 x 300m Relay	2:57.56s	Michelina Ashong Shiann Brock-Walters Gemma Mullings Monay Thomas	20.09.2015	Tonbridge
4 x 400m Relay	3:46.65s	Victoria Valentine Laura Raven Deborah Okangi Vernicha James	1998	